



อาจารย์เบญจรัตน์ จงจำรัสพันธ์ TRAINER/ FACILITATOR

EDUCATION & CERTIFICATE

- Master of art in Developmental Psychology,
: Chulalongkorn University (CU)
- Bachelor of science in Psychology,
: Chulalongkorn University (CU)
- Courses Negotiation, Mediation & Conflict
Resolution : Khon Kaen University ,
- Business Psychology
: Chulalongkorn University,
- Developing Strategies and Analyzing Sustainable
Organizational Innovations,
: Thai-Nichi Institute of Technology

EXPERIENCE

- Strengthen You Campus : Executive Director x
Happiness Psychologist x Learning Designer x OD
Consultant
- KMUTT : Lecturer in Gen241 Beauty of life
- Bangkok IDG HUB in Thailand : Board of Bangkok
IDG HUB in Thailand x IDG (inner development
goal) Learning Designer
- Developmental Psychologist
- Starfish Education : People & Partner
- คณะกรรมการการศึกษา : เลขาธิการคณะกรรมการ
- Chulalongkorn University : CUD4S (project)
Strategic Design Lead
- Insight KIDs School : Acting school manager and
learner consultant

EXPERTISE & SKILLS

- Effective Communication & Coordination
- Team Synergy & Team Collaboration
- Emotional Intelligent & Stress Management
- Happiness Design Thinking
- Conflict Management
- People Psychology & Behavior at Workplace
- Motivation & Performance
- Growth Mindset for Effective Performance
- Learning Agility
- Mindset & Skills for Behavior Shift

CLIENTS
